

6th London CO2 and Blue Laser and open Laryngeal Airway Course

Thursday 3rd September, 2026

Day One – Instructional Lectures

Venue: Roben's Suite, 29th Floor, Tower Wing, Guy's Hospital, London SE1 9RT

	<u>Chair: Yakubu Karagama</u>	
08:00	Faculty check and test presentations	
08:30	Coffee & Registration	
09:00	Introduction	Yakubu Karagama
09:10	Laser Safety and certification	Paul Deacon-Smith - 30 min
09:40	Anaesthesia in airway surgery	Huw Thomas - 20 min
10:00	Airway surgery using tubeless ventilation - advantages and disadvantages	Shiyong Hey - 20 min
10:20	Blue Laser Office Procedure	Natalie Watson - 20 min
10:40	Tea & Coffee Break	20 min
11:00	Basics of Laser surgery, microlaryngoscopy & instrumentation	Mark Watson - 20 min
11:20	Laser pharyngeal pouch cricopharyngeal myotomy vs Open approach Pouch excision	Mark Watson - 20 min
11:40	Laryngotracheal reconstruction & rib cartilage harvest	Chris Pepper – 30 min
12:10	Lunch	
	<u>Chair: Adam Haymes</u>	
13:00	Trachealator balloon use in the management of subglottic stenosis	Andile Sibiyi - 20 min
13:20	Endoscopic management of laryngotracheal stenosis	Chadwan Al-Yaghchi - 20 min
13:40	Laser TA myoneurectomy for spasmodic dysphonia	Yakubu Karagama - 20 min
14:00	CO2 Laser partial arytenoidectomy in bilateral immobile vocal cords	Yakubu Karagama - 20 min
14:20	Lateralisation suture vocal cord	Yakubu Karagama - 20min
14:40	Tea & Coffee break	20 mins
	<u>Chair: Chadwan Al-Yaghchi</u>	
15:00	Laser Glottoplasty for pitch raising	Chadwan Al-Yaghchi - 20 min
15:20	Posterior glottic stenosis – Aetiology, Diagnosis & Treatment options	Simon Best– 30 min
15:50	Cricotracheal resection	Simon Best – 30 min
16:20	Q & A	Yakubu Karagama - 40 min
17:00	End of first day	
19:00	Course Dinner – The Shad Indian Restaurant, 96 Tooley Street, London Bridge	
Friday 4th September, 2026		
Day Two – Hands-on Dissection		
Venue: Dissecting Room, Anatomy Department, Hodgkin Building, King's College Guy's Campus, London SE1 1UL		
08:30	Promptly meet outside Hodgkin Building	
08:40	Introduction to laser operation	
Demonstration and Hands-on/Speakers to show their instructional videos from the lectures		
Dissection Hands-on Laser		
09:00	Microlaryngoscopy and laser set-up, microflap, cordotomy and cordectomy	Mark Watson
	Laser cricopharyngeal myotomy	Mark Watson
	Laser glottoplasty	Chadwan Al-Yaghchi
	Endoscopic lateralisation of vocal cord	Yakubu Karagama
	Laser thyroarytenoid myoneurectomy	Yakubu Karagama
	Laser partial arytenoidectomy	Yakubu Karagama
	Laser & balloon dilatation subglottic stenosis	Chadwan Al-Yaghchi, Andile Sibiyi
	Blue laser demonstration	Natalie Watson, Yakubu Karagama Shiyong Hey
13:00	Lunch	
Dissection Open Airway		
14:00	Laryngo-tracheal reconstruction & rib cartilage harvest	Chris Pepper
	Posterior glottis expansion with rib graft	Simon Best
	Cricotracheal resection	Simon Best
	Cricopharyngeal myotomy open approach	Mark Watson
16:00	Q & A, Evaluation forms and certificates	Yakubu Karagama
17:00	Close	

